Speed Seduction Mastery Project
Module 2 Week 3 – Bonus Drills

Day 1 – Learn & Dissect the Laughter Pattern

1. **Write & Mark Up the Pattern**
    - Write out the full laughter pattern once.
    - Circle each phrase/chunk and add margin notes:
        - Function (agreement, curiosity, innuendo, future pace, etc.)
        - What it makes her **feel**, **imagine**, or **say to herself**.
2. **Extract Commands List**
    - On a separate page, list all embedded commands:
        - e.g., "feel yourself lubricate away…", "touch your special opening…", "come together in a special way…", "imagine a time in the future…"
    - Next to each, write a one-line note about the **state/response** it's aiming to create.

Day 2 – Install the Laughter Pattern (Muscle Memory)

1. **Rewrite the Pattern 4 Times**
    - Hand-write the full pattern 4 times.
    - As you write, mentally rehearse:
        - Where you **pause**, **gesture**, and **shift tone**.
2. **Out-Loud Rehearsal (4–5 Reps)**
    - Stand up and deliver the pattern 4–5 times:
        - Make it **conversational**, not chant-y.
        - Imagine real reactions (smiles, laughs, eye contact).
3. **Record One Run-Through**
    - Record at least one full delivery.

Copyright © Ghita Services, Inc. All Rights Reserved.
May not be copied or reproduced without written permission from the creator.

- This is what you'll later post to the group.

Day 3 – Silence, Compliment, and "Coin" Transition

1. **Silence & Eye Contact Drill (5 Reps)**
    - Imagine you just finished the laughter pattern.
    - Hold 1–2 seconds of silence with eye contact, then say:
        - "You know, I find it so interesting to observe what it feels like when two people just stay in silence with each other."
    - Repeat 5 times.
2. **Crippling-Shyness → Confidence Sequence (5 Reps)**
    - Practice:
        - "Well, here's the place where I run out of things to say and just go slinking off into my crippling shyness."
        - Pause for imagined laugh.
        - "Actually, I have the opposite thing, which is the more attractive I find a woman, the more confident I get. Right now, I'm feeling really confident."
    - Aim for smooth timing and a relaxed, amused tone.
3. **"What Do You Do for Coin?" + Inference (3–5 Professions)**
    - Add:
        - "I know. What do you do for coin?"
    - For 3–5 imagined answers (nurse, lawyer, coder, barista, etc.), quickly note:
        - What **hard work**, **boredom**, or **pressure** you can logically infer.

Day 4 – Deep Curiosity Questioning

1. **Finalize Your "Feel Alive" Question (Writing)**
    - Write your preferred version of:

Copyright © Ghita Services, Inc. All Rights Reserved.
May not be copied or reproduced without written permission from the creator.

- "When you want to do something that makes you feel totally alive, gets your heart beating hard, time flies by, and you can't wait to do it again—what do you love to do?"
- And the follow-up "always dreamed of / fantasized about doing" version.

2. **Out-Loud Practice (10 Reps)**
   - Deliver the full question 10 times.
   - Each time:
     - Imagine her **going inward** or **blushing**.
     - Practice **staying silent** after you ask.
3. **"I Don't Want to Tell You" Response (5 Reps)**
   - Drill:
     - Her: "I don't know if I want to tell you."
     - You: "That's okay—as long as it doesn't involve me yet."
   - Repeat until it feels light and playful.
4. **Short Essay (Brain Integration)**
   - Write a brief 1–2 page essay:
     - Fact-based questions vs. deep evocative questions.
     - Which parts of the mind/body each activates.
   - This locks in your **conceptual understanding**.

Day 5 – Integration & Field Use

1. **Full Sequence Run-Through (3–5 Times)**
   - From laugh → laughter pattern → silence → shyness/confidence line → "coin" → deep question.
   - Run the **entire flow** 3–5 times out loud.
2. **Record and Post**
   - Record one clean, full sequence and post in your group.

Copyright © Ghita Services, Inc. All Rights Reserved.
May not be copied or reproduced without written permission from the creator.

3. **Real-World Practice (Start the 3-Use Goal)**
    - Same day or over the next few days:
        - Use the laughter pattern + at least part of the follow-up sequence in **3 real interactions**.
        - After each, quickly note:
            - What worked, what didn't, and what you'll tweak.

If you want to stretch this to a full week, you can split Days 4–5 into two days each and add more real-world repetitions.

Copyright © Ghita Services, Inc. All Rights Reserved.
May not be copied or reproduced without written permission from the creator.