Speed Seduction Mastery Project
Month 2 Week 2

Month 2, Week 2: The Laughter Pattern

Okay, welcome to Month Two, Week Two.

Last week we covered the pre-opener and the cheesy opening line. This week we're going to build on that by introducing what I call **the Laughter Pattern**.

Let's quickly recap the opener:

"You don't work for the Department of Defense, do you?"

She says, "No."

You reply:

"Because your eyes are weapons of mass distraction."

Then:

"Okay, that was a little cheesy, but as soon as I saw you, I thought to myself, 'She is so radiant. If you don't talk to her for a minute and find out if she has a fun sense of humor, you'll kick yourself in the ass for the next six weeks.'"

Then you introduce yourself:

"I'm Dick. Dickhead."

Last week we really didn't give you a way to continue after that. She laughs, but then what?

That's where the Laughter Pattern comes in.

Why the Laughter Pattern Works

The Laughter Pattern is based on something that's actually true.

Laughter smooths the way between strangers. It acts like a lubricant. It removes the friction between people who don't know each other yet and allows them to begin connecting.

But laughter is more than a lubricant.

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It's also glue.

It's a social binder.

Watch a group of close friends sitting around a dinner table. One person says something that isn't even particularly funny, yet everyone bursts into laughter.

Why?

Because laughter has always been one of humanity's strongest bonding tools.

This pattern compares and contrasts those two ideas while being rooted in a truth most people have never consciously considered.

Because you're introducing an idea that's new to them, it captures attention and leaves the impression that you're unique and different.

Remember—you don't have to outrun the bear.

You just have to outrun the other sensitive New Age guy.

This pattern also gives you an opportunity to embed commands for connection and to use what NLP calls **pseudo-orientation in time**.

The Pattern

Here's how it goes.

"Isn't laughter an amazing thing?"

Pause.

"I was thinking about it the other day..."

If that doesn't feel natural for you, you can say:

"A mentor of mine was talking about it the other day."

Personally, I don't mind saying I was thinking about it because I actually was.

Continue:

"Laughter is such a wonderful thing."

She'll probably respond:

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"Yeah, I love to laugh."

Then you say:

"Think about it.

It's a lubricant, but it's also a glue.

It's a lubricant because it takes all the friction of meeting someone you don't know yet and simply allows all that friction to melt away, so you can feel a really special connection beginning to arise."

Notice that phrase:

"...feel a really special connection beginning to arise."

Do you ever define what that connection is?

No.

Do you say it's romantic?

No.

You simply let the idea exist.

Then continue:

"On the other hand, it's a glue because when we laugh, we strengthen this bond and come together in a special way."

Then say:

"Sometimes to the point where you can just stop...

and imagine a time in the future...

still feeling this wonderful connection...

and looking back on this moment...

as having been the start of it."

As you say "this wonderful connection," subtly gesture between yourself and her.

Many of you who've been around for a while will recognize this as a powerful connection pattern that's been placed inside a different framework.

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Breaking It Down

Let's go through it piece by piece.

"Isn't laughter a wonderful thing?"

That's what we call a truism.

Who's going to disagree?

Who's honestly going to say:

"No, I hate laughter."

Almost nobody.

So you immediately get agreement—either verbally or nonverbally.

Most people will say:

"Yeah, I love to laugh."

"I was thinking the other day..."

Pause.

That pause matters.

What does it create?

It creates investment.

People lean in.

Their attention focuses.

Throughout this entire interaction you're cultivating attention.

You're preparing the soil.

You're training the unconscious mind to listen carefully before you ever introduce deeper suggestions.

Every phase of Speed Seduction builds on the previous one, conditioning the mind to become increasingly receptive.

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"It's a lubricant... and it's also a glue."

Continue:

"It's a lubricant because when we laugh, it removes all the friction of meeting someone new.

It allows all that friction to melt away so you can feel a wonderful connection beginning to arise."

Again, notice the embedded suggestion:

"...feel a wonderful connection beginning to arise."

Then:

"It's also a glue because when we laugh, we strengthen this bond...

and come together in a special way."

You're creating imagery of connection without ever directly stating what that connection should become.

"Sometimes you can just stop..."

That single word—**stop**—is surprisingly powerful.

Stop what?

Stop thinking?

Stop worrying?

Stop whatever was happening before?

The unconscious mind fills in the blank.

Then continue:

"Sometimes to the point where you can just stop...

and imagine a time in the future..."

This is what's called **pseudo-orientation in time**.

You're momentarily moving someone mentally into the future.

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From there you say:

"...still feeling this amazing connection...

and looking back on this moment...

as having been the start of it."

Now you've not only taken them into the future—you've also invited them to look back on the current moment as the beginning of something meaningful.

That's a very powerful structure.

Putting It Together

Here's the complete pattern:

"Isn't laughter a wonderful thing?

I was thinking about it the other day.

It's both a lubricant and a glue.

It's a lubricant because when we laugh, it takes away all that friction you feel when you're meeting someone new and allows all of that to melt away so you can feel a special connection beginning to arise.

It's also a glue because when we laugh, we strengthen this bond and come together in a special way.

Sometimes to the point where you can just stop...

imagine a time in the future...

years from now...

still feeling this amazing connection...

and looking back on this moment...

as having been the start of it."

Your Assignment

1. Write this pattern out **five times**.

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2. Practice saying it out loud **five times**.
3. Go out and use it with **five women**.
4. Report your results in the community area.

Pay attention to:

- How you felt saying it.
- How she responded.
- What happened after the interaction.

We'll pick up from there in the next lesson.

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