# Speed Seduction Mastery Project
# Mission 1 Live Lab
# July 2026

**Ross Jeffries**

All right, we are not recording yet, and we are going to. Okay. All right, welcome to the first of hopefully many of our monthly lascivious seduction labs, and we you should know that the purpose of these calls is not to teach and train. The purpose of these calls is for you to come forward with your field reports, with what you've done, where you went wrong, where you can use improvement.

This is your time with me to get the kind of support that normally my $50,000 VIP clients get, although in a group excuse me in a group setting. So I'll do about five to 10 minutes of general teaching, and then keep your questions as far as possible about the training sessions you've done so far. I absolutely will not take questions like the following. There's this girl.

I want to get her back. How do I get her back? I don't care about that. I never answer those.

Don't ask questions like, "Did you ever meet mystery? or "What do you think of Neil Strauss? or any of that. That gets immediate boot from the call. I will boot you from the call. No, I can't ban you.

Once I ban you, I'll just mute you. Is all right. So with that in mind, let me talk a little bit about the roots of speed seduction, how it came to be. So originally, it started out with this book, "How to get the women you desire into bed, but what inspired me, and this is a core of my philosophy, is neurolinguistic programming.

I won't get into a long lecture about what NLP is, but one of the key things I understood early on about NLP is it looks in terms of process, not content. Here's what I mean. There's a concept in NLP that I need more coffee, but there's a concept in NLP that is called nominalization. Nominalization occurs when we take a verb and we turn it into a noun.

For example, I have approach anxiety. Approach anxiety is a noun, or anxiety is a noun. Approach is actually a adjective. But all right, NLP says no.

These things are not things. They're processes. Anxiety is not a thing you have, nor is confidence. In my live seminars, I no longer do.

I used to say to guys, "Who wants more confidence with women? Every hand would shoot up, and I'd say, "Okay, up in my hotel room, I have a 50-gallon jug of confidence fluid. I'll drill a hole in the top of your head and pour in about eight ounces. It's $1,000.

Who wants to do that? And every hand went down, and they laughed. They got the idea. So if you think of things like confidence or anxiety, whatever it is, not as a thing you've got in your body, but rather an activity that your body that you are doing, things you're imagining in your mind, beliefs that you're holding, flows of I hate the word energy in this case, but I'm going to use it in your body.

It is a process. Now, here's the good news about a process: any process can be diverted. It can be increased. It can be decreased.

It can be shut off. It can be shut back on. Turned back on again. This is a beautiful thing.



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The whole concept of nominalization. N-O-M-I-N-A-L-I-Z-A-T-I-O-N: nominalization. One of your homework assignments is to Google that word, or use AI and post in the members area in your own words, not the AI, what you believe it is. So, and I also want to give you a reframe to show you the second thing I picked up from NLP is how powerful language is.

I like to say, "Free your mind, and her ass will follow. If you're still buying into the dating framework, will you go out with me? That implies who has the value. If I say to a woman, "Hey, I'd like to take you out sometime," who has the value there?

You or the woman? I'll take an answer from anyone. There's no wrong answers.

**Student**
She does.

**Ross Jeffries**
She does. That's right. But if I were to say, normally I would never extend this kind of invitation to someone who we've only spoken a little while. But I can just stop, Debbie, and imagine spending some time really enjoying each other.

So thinking about it like that, let's exchange information and see how much we can really connect. Do you hear how different that is? We're stepping outside the dating framework. What's the problem of asking someone on a date or thinking in terms of the date?

You see how date is a loaded word. The minute you think in terms of a date, what else do you have to think about? Where do I take her? What kind of restaurant?

Is there going to be music? When do I make my move? I'm going to ask you guys this question: What is make my move or go in for the kiss? What does that imply?

If you're going to make your move, that implies that physical contact happens suddenly, in a large quantity, a big packet of physical contact, without any prior contact, and it only happens at the end of an evening or the end of an experience. That leaves you no other options to think differently. So, if you try to put speed seduction through a dating framework, you're going to be fucked. Let me raise another point here.

When you go out on a date, the problem is admit when you go out on a date, the problem is we have some enjoining. I think we're all in. The problem is, you get put into her checklist box. Let's see, does he make enough money?

Is he tall enough? Is he boyfriend material? Is he husband material? Will my friends approve?

All those check boxes get ticked automatically. If you don't get around that first before you even spend time with her, then you're fucked. She's going to put you through the check box test, and that means who's got the choice? If she's putting you through her check box, and you're getting ticked, ticked.

You know what I mean by checkbox? Her list of what she wants or what she's looking for.

**Student**
Yes.

**Ross Jeffries**
Who has the power there? Who's screening whom in that case? She

**Student**
does.



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**Ross Jeffries**
Yes. Now we want to reverse that equation, so we're sitting in the power seat. One of the things I said when I promoted this program is not just have get the women you desire. I said have power, selectivity, and choice predictably and reliably.

Selectivity and choice means you're sitting in the chooser seat. Now, if you've not had a lot of success with women, or you're comparing yourself with guys you think are more attractive, then it's hard to believe that's true. So, what's important in the beginning of taking on speed seduction is not positive thinking in the sense I know speed seduction is going to work. It's taking on the mindset of a kid splashing in the mud, having fun, thinking what can I do with my world.

If you look at toddlers, they're pretty fucking stupidly fearless. They ought to be more fearful than they are. They'll ride their bikes off the roof just to see what happens. I'm not suggesting that, but taking on the childlike wonder to see what can happen, what's possible when you think outside the box is part of what drove me to do this.

Even though I had so many stumbles when I started this stuff out. So taking on that mindset and being very curious, insanely curious. Not I've got to get this to work, or what happens if she doesn't like me, or what if people are looking. No, let's go have some fucking fun.

See how far I can push this. See how far I can let this go, and you'll be surprised. You will be shocked. The first few times this works for you, you're not going to believe it.

You're going to think it's a fluke. Classic story from the '90s. I had a student try this out on the preacher's daughter. There was a service going.

He was flirting with the preacher's daughter out in the parking lot. She said, "Fuck me. He said, "What? She put me on the hood of the car, get in my panties, and fuck me.

He was so shocked he couldn't get hard. Subsequently, he wound up not only fucking the preacher's daughter but the preacher's wife. God bless Sergeant. Halle-fucking-lujah.

Unless you become like a little child, you shall not enter the kingdom of moist pink poon. So that's my little lecture. I hope you learned something from it. Now let's get into you.

If you've done the assignments, jump in, and Moderator, how should we work this? They just raised their hand in the chat box, or how do we do this?

**Moderator**
You know what I would do is I would I'm going to assume that all the gentlemen have completed their homework, and we'll just call on them in turn. You will select the turn, and then after we do that, let's open the floor for a bit to any specific stories related to this theme, because I actually have one I'd like to share with the group that I think illustrates everything you said. But I'll go last.

**Ross Jeffries**
Okay, Student. So, have you done any of the assignments?

**Student**
Yes, I joined the I joined the group yesterday, and I started the affirmations today. I did them in the morning. I read each one five times in the morning, and I did them in the afternoon while I had a little. Do them

**Ross Jeffries**
out loud.



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**Student**
Pretty in the morning. I did when when I during the day when I was at work, I kind of whispered, but I still spoke it. And then at and then of course I'll do them tonight before I go to bed. Very interesting affirmations.

I'm excited, and I think we talked today in our one on one that this weekend I will be doing the other part of the assignment, which is going to two places. Actually, you pointed out I should probably go to three or four different places that you pointed out for me, which were great ideas. And yeah, so I'll be working on on that before before next week's assignment start.

**Ross Jeffries**
Student, did you? I sent you a little screenshot of the type of thing I was talking about. Did you get

**Student**
it? You know, I saw it, but I just got back from. I just got home from work, and so I planned on going into it tonight.

**Ross Jeffries**
Are you on your computer, laptop, or on your phone

**Student**
right now. I'm on my cell phone.

**Ross Jeffries**
Okay. All right. It is an example of a kind of event you should go to. You can go to where you just mop up.

**Student**
Good. Good. Good. Because I was like, I was thinking the same thing.

You guys, like, I'm not really. Like, I don't really want to go to yoga. It's kind of not my thing. But I can see how, you know, that would be a great a great place to to meet women.

But I was just like, I don't know. So that would kind of, I think, help me a little bit. What you sent me?

**Ross Jeffries**
Yeah, yeah. For those you watching, I had my private call with Student, and I suggested that he look up the local—yokel. I made that mistake with you, Student. The local yoga studios do not go to a yoga class, but most these yoga studios have events.

Like this dumbass one is having an event on reading your chakras, how to read other people's auras, and connect with your energetic chakras now, in a room of 25 people, there will be about 10, 11, 12 hot single women, and maybe three guys. Two of the guys will be gay, or one gay guy and one clueless guy, and then there'll be you. So essentially, there'll be 12 women for you. That's pickup for me.

That's stacking the odds. Not going to a club or a bar, which you know I'm too old of a fart to even want to go. I don't like noise or staying out late. I want to be in bed with the hottest females I know, well, one of them because only one's allowed in the bedroom.

Do you get my point? Does that make sense, Student?

**Student**
Absolutely, absolutely.

**Ross Jeffries**



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And by the way, you're allowed to ask questions about the answers I'm giving to other students.

**Student**
Okay,

**Ross Jeffries**
Student, are you good? Are you complete? I

**Student**
am. I am. I like I said to you today. I am very excited about this journey.

**Ross Jeffries**
Please participate in the school group. We're here as a community to encourage each other. I'm in there practically every day. There's no other.

There's no good. You're going to get this kind of daily access to. I if I could get it, I'd be charging $15,000 for this program. But you know, I know I want to make it affordable and available to guys who who don't have that kind of dough, and we'll scale it to the point where it's it's pretty goddamn profitable.

But that's another another issue. All right, so I see our friend Student.

**Ross Jeffries**
Where are you from, my friend?

**Student**
I'm from Iran. I'm Persian.

**Ross Jeffries**
Oh, hubi hubi.

**Student**
You speak

**Ross Jeffries**
hooby hooby junam junam

**Student**
all

**Ross Jeffries**
gooze? Did you just gooze?

**Student**
It means you farted. Yes, goose.

**Ross Jeffries**
Yeah, how did you

**Student**
learn it?

**Ross Jeffries**



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Oh, you could say I was in love with a Persian girl who kicked me to the curb. Very, but it's a long story. All right, have you've been in the group? I know because I've seen you make comments and I've responded.

The

**Student**
most excited person, probably. So

**Ross Jeffries**
tell us a little bit about you. This is all private. This will not be posted in the school. People will get a link to watch.

But tell us a little bit about you. I know you have a private call with me coming up. Yeah,

**Student**
I would like to talk about more in depth over there. Okay, you can talk to the

**Ross Jeffries**
private call.

**Student**
I'll just give you a little bit, like short. Like I think the way I always had my girlfriends in the past, I had a like wrong mindset just in general. This I don't know, like you got call it like nice guy or something like that, and and I think women are completely different animal. Like I, I need to learn things like because you know it's just it's just a different thing, and like I broke up like two months ago and it had really bad effect on me.

**Ross Jeffries**
You broke up or I broke I

**Student**
broke up with my girlfriend like ex girlfriend like two months ago. Oh, so and just getting back to the affirmation sentence you gave me. Like in past two months, I wasn't able to even think about a girl. Like I

**Ross Jeffries**
understand,

**Student**
and this kind of like this past week actually helped me a little bit just to rethink about myself. And accidentally, also I saw my girlfriend walking somewhere. I like I passed by her like super comfortable. It's just I think just in general is bringing my self confidence back, and also think I need to learn more and practice more.

I every day.

**Ross Jeffries**
Speak a little louder for me. Yeah. So

**Student**
every day I practice these affirmation sentences, like the way you ask. It has a. It has a really. To me, it was really positive.

Like I, I gained self confidence. Like I lost it in past two months. So it was really good for me.



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**Ross Jeffries**
Good. Now I want to make it raise a point. We'll talk more in our private call.

**Student**
Yeah.

**Ross Jeffries**
Confidence is not a thing. It's not a liquid that you run low on. Like there's not enough oil in your car, so you add some. It is the neurological activity in your body, your breath, your beliefs, how you hold yourself-that produces the state that people label confidence.

But really, it's just the flow of feelings, a set of beliefs, an outlook, and an attitude on the world. And one of the things I want to say is, you know, it's even better than confidence is playful curiosity. Playful curiosity has gotten me playful curiosity and a sense of humor has gotten me more moist pink poon than that in and of itself is a meta pattern. It's a pattern inside of which all the other patterns fall underneath.

So this is something to learn to develop. Now, if we're moving through a lot of trauma, and again, I am not a therapist.

**Student**
I know you said that.

**Ross Jeffries**
Yeah, we make this very clear.

**Student**
Absolutely.

**Ross Jeffries**
But I can only speak and share my experience. That when I originally started this, yes, I was curious, but I was also very serious and very angry, and when you drop those things and take on an outlook of, I'm not going to let this appear. My internal dialog design my life, my vision, my values, my bold experiments in the world will be the engineers, the architects, the artists, the designers of my beautiful, grand, amazing life-that's a different orientation entirely.

And to all of you who are watching and listening to this, whether it's on the replay or here live, if I can tell you the single biggest shift in your life across every context, every area of your life will come when you really incorporate that belief into the atoms of your being. It will, it it it will transform everything, and it will give you stealth confidence, stealth attractiveness. People will not be able to pick up on why they feel moved by you. It will make you someone who people want to select as their leader.

I know that sounds hard to believe if you don't have a lot of skills socially, or if you're not that successful with women up until this moment, or if you're one of my lusty dusty veterans who used to have success, but something in life just broke you, and you you just stitched yourself back together and are ready to get back out there in the playing field. Across the board, this attitude is really going to help you in all areas of your life. Is there anything specific on any of the assignments that you have questions about?

**Student**
Ask me. me?

**Ross Jeffries**
Yes.

**Student**



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No, I think you made everything clear. I just like to keep going. Good experience.

**Ross Jeffries**
When you don't show up to the calls, my heart tightens for you. Thank you. I'm pretty good with my Farsi, huh?

**Student**
Yes, pretty good. You know all the good words, but you need to you need to learn some bad words as well. I know

**Ross Jeffries**
goose, and that's enough.

**Student**
It's pretty polite, I think.

**Ross Jeffries**
All right, all right. Let's take the next is E. Whoever you are? E introduce yourself.

Let's ask him to unmute. Does E even have a microphone? Or E, are you there, Moderator? Who is E?

Do you recognize E? I

**Moderator**
think this person is remaining anonymous? As is it right? Oh, their mics on now. The floor is yours.

Oh, Student.

**Student**
Yes, I mean I joined on Monday the this group, and I so far only been doing the affirmations. I haven't done the one talking to people, I mean, and just looking forward to this opportunity to learn from you.

**Ross Jeffries**
I notice your accent. Where are you originally from?

**Student**
I'm actually from the USA. Well, I'm I'm from originally from Mexico,

**Ross Jeffries**
from Mexico,

**Student**
Mexico, yeah.

**Ross Jeffries**
Como está señor guapo, soy señor macho y guapo y hermoso y chistoso y intelegente y luchador y mil masgras mi pene mas grande del mando. The

**Student**
word says

**Ross Jeffries**
that make any sense or did I mangle it completely?



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**Student**
Yeah, at the end, what were you trying to say at the end?

**Ross Jeffries**
I have the biggest penis in the world.

**Student**
Say berkon. B e r d a. Bergon. Daupali.

Okay.

**Ross Jeffries**
All right. So have you? First of all, how did you hear about this opportunity to join this program.

**Student**
Oh, I got the the email. The

**Ross Jeffries**
email, and as you read those emails, which email made you say, "Hey, wait a minute, Ross is speaking directly to me.

**Student**
I'm not sure. It's because I haven't checked my email in a while, so I was just going through them.

**Ross Jeffries**
All right.

**Student**
And one of those. Have you

**Ross Jeffries**
signed up yet for your private onboarding call because you're one of the first 10 people? Have you calendar your your call with me yet? Oh yes, I

**Student**
have. Hmm. Yes, I have.

**Ross Jeffries**
Okay, very good. Do you have any questions for me tonight?

**Student**
Not right now. No.

**Ross Jeffries**
No. Okay. Well, rule Britannia. Britannia rules the waves.

I'm. You are following a strange teacher. I will tell. That I am an odd, an odd fellow.

All right, I will. The

**Student**
smart people are odd. So

**Ross Jeffries**



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say again.

**Student**
Usually, smart people are odd. So,

**Ross Jeffries**
well, that makes me super odd. All right, all right, Moderator. Any stories, questions? What would you like to relate?

**Moderator**
Okay, as you were telling tonight's lesson, I was furiously taking notes and having memories coming back to me like a cascade of salacious hell. So I need to go through this. I'm going to go rapidly, but there are twists and turns, so there's a little bit of loop opening here. So the year was 2009.

You and I had worked together in business for two years, and it was right around that time I started begin getting interested in speed seduction. I watched the 3.0 course and didn't really get it. And then I was, as I was wont to do in those days on Yahoo Messenger in the local romance rooms, and I meet a woman who is very local to me, and she is by my my calculations about a eight and a half to nine, good enough. We hit it off.

I ask her to. I ask her if she wants to meet up. She says yes. So fast forward a couple days, and the meeting is on its way.

And I is like, okay, all my dates usually suck. What can I do here fast? I cannot watch 3.0 again. All right, how to get the women you desire into bed?

I got the PDF, so I read that thing like I was like I was eating an entire chocolate cake after having um after having starved myself for 17 days. Now I was hoping, please tell me one thing in here that's going to help, and I picked up calibration. So I went to I went to check her out online. I found her Facebook page, and I noticed she shared a lot of stuff about Family Guy.

So that was the clue. I meet up with her, and the conversation is typical AFC. And next thing, average frustrated chump. And then this is the origins of something that you and I talk about.

This is actually where it started. When I reveal who this woman is, you'll remember her. So I so we don't did the thing about you know work interests favorite color and then and then she then she asked me like what kind of music I like so I gave her my answer and then I asked her hers and she identified a specific identified a very specific artist and and it was actually by accident. I I I this was actually a malapropism.

I asked her, "What was it like when you met him in person? And this is where my buddy met his favorite rock star was born, because the inside secret is actually my story that I donated the language pattern collection and rephrased it. So I told her that story. I it didn't have all the you know language patterny stuff in it, but it was good enough.

And then I mentioned to her offhand that I had some of my my musician buddy's music, some of the unreleased stuff, back in my place, which which he had given me privately. And would she like a sample? Sure. So we go over there, give it about 10 minutes, and she's leaning up against me.

We're trying on each other's glasses, holding hands, and next thing you know, this one song comes on, and the title of it is "When the Lights Go Out. And something came upon me, and I I caught her eyes when the lights go out, and I laid one on her, and she pushed in hard. So we were so I mean that kiss lasted 14 fucking minutes. So now what?

So she so she stands up and she's looking around my apartment and gives me this look of well, you want to go in your bedroom? She ran in there, leapt on the bed. I got on top. I made the woman squirt 14 times.



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You may recall you woke up to an email me the next morning. The subject line was "Holy fuck. So

**Ross Jeffries**
I'm bragging here, but I get those emails a lot over.

**Moderator**
Right? Exactly. Exactly. Now what I now what I forgot to mention is the transfer.

That I used to her was giggity. In Family Guy, there's this character named Glenn Quagmire who's a total pervert, and his catchphrase is giggity. So I use giggity, and she knew that meant it's on. Anyway, this goes extremely well, and I go through the usual.

Oh shit! I actually pulled off a one-night stand, and you have to listen to three days of me gradually discovering that causes hormonal reactions within the man. And oh my god, what do I do? What do I do?

What do I do? Meanwhile, I already had the next meeting set up. She was interested. That next meeting, I totally fucked up.

Took her. Tell them

**Ross Jeffries**
how you fucked up. Tell them.

**Moderator**
Took her to a nice dinner. Then we went. Then we went into the dating. Hold on.

And you stepped

**Ross Jeffries**
into the dating frame and became another chump, not the super squirter maker, but another chump.

**Moderator**
She, the the. I mean, I'll spare you all the horrible details, but it ended in the third meeting was planned, and it ended in the text that said, "I have a headache. So I remember exactly what you told me when I relayed this story. I remember your phrases.

Why didn't you just have her over to your place and cook for that. Would have got things sizzling.

**Ross Jeffries**
Now, what do you think the lessons from this story are?

**Moderator**
The lessons are: if you're already down the road of hooking up, don't immediately try to turn into a dating situation because society expects that's the gentlemanly thing to do. Keep hooking up. If through your afterglow and pillow talk you discover you're actually compatible, roll with it then. But until such time, because the saving grace was that night.

That that night that she texted me, she had a headache. I randomly went back on Messenger and found another woman I had been chatting with, and said hi. And she said, "This is this is a response to me. It's like, hey, want to come pick me up?

Brought her over, did the same damn thing. Now she just turned out to be a cleaning cleaning lunatic that I had to get rid of. But the point is, this technology has magic, even when you don't know what you're doing. So, as I operationalize the story, the thing about telling women about when I met my favorite rock star, it's happened.



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I mean, 100% success rate. But at a certain point, I was at a conference a few years later. I think it was one of those Suzanne Evans thing, Suzanne Evans things. I allowed myself to get suckered into in Orlando, but group of people.

Somebody knew that I worked with you. Naturally, the whole well, what's Ross Jeffries really like, and ultimately, does that shit really work? I thought, anybody here want a demo? This one fairly attractive.

I'd rather show

**Ross Jeffries**

you than tell you

**Moderator**

exactly. This one, this one attractive woman volunteered, and so you know they're all at the tables in the restaurant. We find this high table that faces it, and I start walking her through it. Now, meanwhile, she knows she's in a demo, and there's a couple calls from the tables like, "Come on, guy, you're taking too long.

Like, yeah, like it's like it's like it's like hold my beer, hold my beer. When I get to the part where the the pattern is engineered to get her to interlace her fingers with you holding hands, she did it, and then her posture changed, and she went into whole doggy bowl dinner. Now we didn't make out like right before those. A

**Ross Jeffries**

lot of people don't know what that term means. Explain it. Doggy dinner bowl. It's

**Moderator**

it's it's actually you can describe it better.

**Ross Jeffries**

So the doggie dinner bowl look is when I was a teenager, I had Dalmatian dogs. Don't get them; they're stupid and hyperactive. Anyway, we conditioned them that when they were at the kitchen window, we'd hold out their food bowls filled with food. They knew it was.

They get a look like slaughter with hunger, and that was their signal to go to the side of the house where we'd feed them.

**Student**

Yeah,

**Ross Jeffries**

that's what the doggie dinner bowl look is when women are ready to get fucked.

**Moderator**

Right. However, that you know, and it just turned out to be a demo, and everybody applauded afterwards. And she said, "Thank you. You know, yo, yo.

Next afternoon, walking down some corridor, and I hear footsteps running up behind me, running up behind me. It's her. She's got this whole giddy, like, oh my god, I'm so happy to see you. Look, and we ended up skipping the conference for an afternoon.

She was engaged.

**Ross Jeffries**

It didn't matter, did it?



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**Moderator**
Not, not, not really. I mean, it didn't, it didn't matter that the woman next to me on the airplane a couple years. Later was married, and it didn't really seem to matter that one time that the in that one time that the woman was a dominatrix, and she had three metamorphs, and she and she did something three metamorphs. It's when you have it's when you're in a relationship with somebody, and you have other, and she and she's in a relationship with others, and and I be and I and I become one of them, and and she ended up and she ended up forgetting that she had a fee schedule.

Let's just put it that way. I had to get rid of her because she's fucking psycho. I mean, yeah, you're going to run into some crazies, but the point is, have fun because if you don't get through the crazies, you're not going to find the same woman. You got to have.

I mean, just have fun with it.

**Ross Jeffries**
They're all crazy. Newsflash: you may think or not, but if you are unfortunate enough to put a ring on it and go to the altar, then the demon will come out. The demon will arise from Gehenna, and that's the case. Well, good.

So you became a true believer.

**Moderator**
The reason I wanted to share this because I don't know where everybody is here. I, I mean, I see some rusty, dusty, lusty veterans. There may be a memorization masturbator. I don't really know who you know your guys' backstories, except Student.

I know you and I are now Facebook friends. Thank you very much. I look forward to it. But but the bottom line is, regardless of where you are, you know, bear in mind that you may not execute perfectly, but the important thing is that you execute because you're going to acquire the knowledge over time.

So wherever you are, don't try to be a pickup artist, master superstar. Start with where you are and take a step forward.

**Ross Jeffries**
Yeah, I couldn't agree more.

**Student**
Yeah.

**Ross Jeffries**
Wow, what a way to wrap the call. Any questions for Moderator? And Moderator, you got laid on your looks.

**Moderator**
No, no, I got laid despite my looks. And in fact, in fact, in fact, I've even in fact, I've I've even used that with the phrases "charm is charm is for guys who actually have hair, I just work with what I got.

**Ross Jeffries**
Hey, yeah. When this picture was taken, I'm six foot two. I weighed 130 pounds here in this picture. Yeah, I've seen tell because the robe is loose, but I'm I was all skeleton and a huge cock.

Yeah, I've seen under my knee.

**Moderator**



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Yeah, I've seen fatter toothpicks.

**Ross Jeffries**
All right, we're gonna wrap it unless someone has some relevant, intelligent questions. Anybody? No. All right.

So here's what's gonna happen. We will have this transcribed, and then once I, I'm once I get the video, I'm going to run it through Otter AI, and Otter AI will summarize it nicely. And the summary, in addition to the transcript, I think we can send you the Otter summary as well.

**Moderator**
Yeah, we could. Yeah, we could certainly do that. And and now, were you going to do the other thing? I know we can't do it within school, but can we do that other thing?

**Ross Jeffries**
What other thing?

**Moderator**
The recording of this.

**Ross Jeffries**
The recording of this.

**Moderator**
Yeah.

**Student**
What?

**Moderator**
Yeah. For for for the for the existing students if they want to watch this later.

**Ross Jeffries**
Yes, but we can't put it in school. We can put a link to it. Right, exactly,

**Moderator**
exactly. That's that's what we're gonna do. So um, watch for this. It's gonna take maybe a day or two to get it up because we're still you know optimizing a lot harder than that.

Yeah, show me a picture of Karina Valentina. I'm already up, but anyway, just you know, give us just a little bit of space. And what we're going to do is we're going to put it separately, and then let you guys know where it is, so you can go visit at any time. Just keep it to yourself once you see it.

**Ross Jeffries**
I think that's good conclusion to the call. Thank you, everybody. This is going to be the first of many, many, many to come. I promise you, I will put in my best effort.

But I expect you to march alongside me and do the work, put in the effort. The results will will shock you. Moderator, the first time this worked for you, were you shocked?

**Moderator**
Well, the next morning, I sent you that email saying, "Holy fucking Christ! And you remember, I went through like three days of being absolutely fucking beside myself. So yeah, I would say it worked.



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**Ross Jeffries**
It works even when you don't believe it works. Now,

**Moderator**
yeah,

**Ross Jeffries**
I'm talking about magic. The real magic is not just the words. The real magic. Is the concepts that make the words come to life.

The real magic is in how you show up in a way that makes the words come to life. We'll leave that for the next for a subsequent bonus lesson inside of the group. Thank you all, Moderator. Thank you as always for being supportive.

After 19 years, we're still going strong, and I appreciate all the efforts you put into this. I really do.

**Moderator**
Honor to be a help.

**Ross Jeffries**
Thank you, guys. Good night.



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